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WHEN IT COMES TO KEEPING FIT, WHY PAY FOR MORE THAN YOU NEED?

At our brand new, unmanned gym, you can enjoy use of a wide range of resistance and cardiovascular equipment, including two state-of-the-art Wattbikes, and perfect your core strength in our functional training area, featuring TRX, kettlebells, ViPRs plus Queenax system and much more.

With a choice of great value, no contract membership including an induction, or pay-as-you-go workouts, it's the easier approach to keeping fit and feeling fantastic.

Brand Grade: Grade One